



CO(ppm)	%COHB	Foetal CO %FCOHB	
20+	3.20+	HEAVY SMOKER	6.26+
20	3.20		6.26
19	3.04		HEALTH
18	2.88		RISK
17	2.72		ZONE
16	2.56	SMOKER	5.00
15	2.40		(possible health complications include)
14	2.24		Sudden Infant Death Syndrome (SIDS) ¹
13	2.08		Attention Deficit/Hyperactivity Disorder (ADHD) ²
12	1.92		Childhood Obesity ³
11	1.76		Asthma, Wheezing, Wheezy Bronchitis ⁴
10	1.60		Poor Birth Weight ⁵
9	1.44	LIGHT	Poor Head Circumference ⁵
8	1.28	SMOKER	Low Gestational Age ⁵
7	1.12		2.19
6	0.96		1.88
5	0.80		1.56
4	0.64		1.20
3	0.48	NON-SMOKER	0.94
2	0.32		0.63
1	0.16		0.31

CO Measurement Table

How High Is Your CO?